



HOME LIFE COMMUNITY SERVICE PROGRAM

TWO PROJECTS : CHARITY MILES & A YEAR OF WOMEN'S HEALTH AWARENESS



A YEAR OF WOMEN'S HEALTH AWARENESS

- **GOAL:** Increase the awareness of our members and our communities regarding prevention and treatment of diseases and issues that affect women's health

GOOD HEALTH IS
PRICELESS!

2018

CALENDAR YEAR

NOVEMBER

CALENDAR MONTH

MONDAY

FIRST DAY OF WEEK

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29 <i>National Alzheimers Awareness Month</i>	30 <i>American Diabetes Month (Blue)</i>	31 <i>Lung Cancer Awareness Month (White)</i>	01	02 Wear Blue for Diabetes	03	04
05	06	07	08	09 Wear Blue for Diabetes	10	11
12	13	14	15	16 Wear Blue for Diabetes	17	18
19	20	21	22	23 Wear Blue for Diabetes	24	25
26	27	28	29	30 Wear Blue for Diabetes	01	02
03	04	05	06	07	08	09

A YEAR OF WOMEN'S HEALTH AWARENESS

HOW CAN MY CLUB PARTICIPATE? WHAT CAN WE DO?

- Social Media
 - Update individual and club cover photo (tulip in Apr for Parkinson's, butterfly in May for Lupus, etc)
 - Share relevant articles (prevention, early detection, etc.)
- Color Association
 - Ribbons & pins
 - Observe specific awareness days
- Advocate to your community
 - Bookmarks, brochures, fact sheets
 - Target high foot traffic areas
- Raise funds for a specific cause
 - A fun activity
 - Color-themed support
- Health Fairs
 - Disseminate health information
 - Health screening
- Publicize
 - Articles in club newsletters
 - Awareness letters to the editor of your local paper

A YEAR OF WOMEN'S HEALTH AWARENESS

- STARTER KIT
 - One for each club
 - Fact sheet on lung cancer (from CDC)
 - White ribbons to wear during the month of November to raise awareness of lung cancer

A YEAR OF WOMEN'S HEALTH AWARENESS -- RESOURCES

- *What's Up Tennessee*
- Online Resources
 - Centers for Disease Control and Prevention
 - WebMD
 - Office of Women's Health (US Dept HSS)
- Home Life Chairman (maryanne.scott6@gmail.com)